



MAR Y TIERRA

MARISCOS COMIDA MEXICANA



DESAYUNOS

BREAKFAST

Served with beans, ranch style potatoes or hash browns, tortillas



HUEVOS RANCHEROS



CHORIZO CON HUEVOS

- 1 **HUEVOS RANCHEROS** 6.49
Two eggs any style covered with fresh ranchera sauce
- 2 **CHORIZO & EGGS** 6.99
Two Scrambled eggs with homemade Mexican chorizo
- 3 **MACHACA & EGGS** 6.99
Scrambled eggs with shredded beef, onions, tomato, jalapeño
- 4 **HAM & EGGS** 7.99
Two eggs any style with ham
- 5 **CHILAQUILES** 8.59
Diced fried corn tortilla mix with onion, red or green sauce and cheese with two eggs any style
- 6 **PORK CHOPS** 8.99
Two eggs any style with pork chop
- 7 **IGADO ENSEBOLLADO (Liver & Onion)** 8.99
Chopped liver cooked with onion and two eggs
- 8 **HUEVOS RANCHEROS SPECIAL** 8.59
Huevos rancheros with your choice of bacon, ham, or sausage

- 9 **MIGAS WITH MEXICAN CHORIZO** 7.99
Scrambled eggs mixed with corn tortilla, tomato, onion, and chorizo
- 10 **DESAYUNO VILLAHUMADA** 8.59
Two eggs served with chile verde con asadero
- 11 **CHULETA DE PUERCO AHUMADA** 8.99
Two eggs served with pork chop ahumada
- 12 **HUEVOS A LA MEXICANA** 6.49
Two scrambled eggs with pico de gallo (Scrambled with meat extra 1.00)
- 13 **PANCAKES BREAKFAST** 7.49
Three pancakes served with two eggs and your choice of meat
Side order of pancakes 4.49

BREAKFAST BURRITOS 2.99
Extra side or meat .50
Burrito with Potato | Chorizo & Eggs
Ham & Eggs | Sausage & Eggs
Bacon & Eggs | Machaca & Eggs
Beans with Cheese



APERITIVOS

APPETIZERS

- 1 **CHIPS & SALSA** 2.99
One free refill
- 2 **MEX NACHOS** 5.99
With queso dip, pico de gallo, guacamole, sour cream and beans
- 3 **NACHOS WITH BEEF** 6.49
Beans, ground beef, guacamole, pico de gallo, and sour cream. **With fajita meat** 7.99
- 4 **GUACAMOLE** 3.49
- 5 **CHILE CON QUESO** 3.99
- 6 **CHILE VERDE CON QUESO ASADERO** 4.59
- 7 **QUESO WITH BEEF** 5.99
- 8 **QUESADILLA WITH CHEESE** 4.99
Side of guacamole, sour cream, and pico de gallo
- 9 **QUESADILLA WITH BEEF OR CHICKEN** 6.99
Side of pico de gallo, guacamole, and sour cream

SALADS

- 1 **DINNER SALAD** 4.99
- 2 **TACO SALAD** 6.49
- 3 **CHICKEN SALAD** 6.99
- 4 **AGUACATE SALAD** 5.99

FOOD ALLERGY NOTICE: Please be advised that food prepared here may contain these ingredients: milk, eggs, wheat, soybean, peanuts, tree nuts, fish, and shellfish.

LUNCH

Served with rice and beans



ENCHILADAS SUIZAS



TRES AMIGOS PLATE

- 1 **TWO GROUND BEEF CRISPY TACOS** 6.49
- 2 **TWO CHILES RELLENOS** 8.49
With ranchero sauce
- 3 **TWO CHILES RELLENOS** 9.99
With ground beef and queso dip
- 4 **THREE CHICKEN OR BEEF FLAUTAS** 7.99
With sour cream and guacamole
- 5 **THREE SOFT TACOS** 7.99
Your choice of meat
- 6 **TWO GROUND BEEF CHALUPAS** 6.99
- 7 **TRES AMIGOS PLATE** 8.99
Chile relleno, enchilada, and taco
- 8 **COMBINATION PLATE** 8.99
Enchilada, flauta, and tamal

- 9 **CHICHARRON EN SALSA VERDE** 7.99
Chicharron cooked in a green sauce
- 10 **BURRITO KING** 8.49
Ground beef burrito covered in queso dip
- 12 **CHILE VERDE CON CARNE** 8.99
- 13 **TWO GORDITAS PLATE** 7.99
Choice of meat (*tripas and lengua extra 1.49*)
- 14 **ASADO DE PUERCO** 8.59
- 15 **THREE TACOS DORADOS MEXICANOS** 8.99
Deep fried Mexican style tacos beef or chicken
- 16 **TORTAS MEXICANAS** 6.99
Asada, carnitas, jamon, chorizo con huevo, barbacoa, carne deshebrada
- 17 **CARNE GUISADA** 8.59
Chunks of beef cooked with brown gravy

ENCHILADA PLATES

All homemade salsas, served with rice, beans and salad
(Onion upon request/cebolla al gusto)
Extra enchilada 1.50

- 1 **ENCHILADAS SUIZAS** 9.99
Two chicken enchiladas with sour cream, cilantro, and onions, covered in green sauce
- 2 **TEX-MEX ENCHILADAS** 7.99
Two ground beef enchiladas covered with red sauce and tallow cheese
- 3 **ENCHILADAS POTOCHINAS** 10.49
Three enchiladas with special shredded beef topped with queso fresco
- 4 **ENCHILADAS DE MOLE POBLANO** 9.49
Two chicken enchiladas topped with a homemade mole sauce
- 5 **ENCHILADAS ENDIABLADAS** 8.99
Two enchiladas topped with a very spicy sauce (chicken, beef or shredded beef)
- 6 **ENCHILADAS NORTENAS** 9.49
Three flat ground beef enchiladas with green or red sauce
- 7 **ENCHILADAS GRINGAS** 10.49
Three spinach, mushroom and cheese enchiladas topped in a mushroom sauce
- 8 **DEL MAR ENCHILADAS** 10.49
Two enchiladas filled with shrimp, crab, and cheese topped with salsa del mar

- 9 **GREEN OR RED ENCHILADAS** 6.49
Two white cheese enchiladas covered with green or red sauce. **Beef or Chicken 7.99**
- 10 **QUESO DIP ENCHILADAS** 8.99
Two chicken or beef enchiladas covered with queso dip
- 11 **SOUR CREAM ENCHILADAS** 8.49
Two chicken or beef enchiladas covered with sour cream sauce
- 12 **SHRIMP ENCHILADAS** 9.99
Two shrimp enchiladas covered in red sauce and white cheese
- 13 **ENCHILADAS MONTADAS** 7.49
Two cheese enchiladas covered with red sauce with two eggs on top
- 14 **TWO TAMALES ENCHILADA STYLE** 7.49
Covered with red sauce and white cheese
- 15 **ENCHILADAS DE MAMA** 8.99
Opened enchiladas with special red salsa queso fresco and onions
- 16 **ENCHILADAS MEXICANAS** 9.99
One green chicken, one cheese with sour cream, and one red beef enchilada

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MAR Y TIERRA

SPECIALTIES

Served with rice beans and choice of tortilla

- 1 **MAR Y TIERRA PLATE** 16.99
Grilled thin special meat served with 6 grilled shrimps and a small shrimp cocktail
- 2 **DON ANGEL PLATE** 14.99
Chuleta de rez, nopal (cactus), queso fresco, guacamole, pico, 1 un torito
- 3 **TAQUISA TORIADA** 28.99
20 Tacos! 5 each of your choice of meat (carnitas, pastor, asada, barbacoa, buche, and pollo) served with guacamole, pico, and toritos
- 4 **LENGUA EN SALSA VERDE** 9.49
Green salsa with lengua
- 5 **PARILLADA ESPECIAL** 13.99 // 19.99 for 2
Steak, chicken, and carnitas on hot skillet with onions and bell pepper served with guacamole and pico de gallo
- 6 **SINGLE FAJITAS**
Fajita 8.99 // Beef Fajita 9.99 // Shrimp Fajita 10.99
Served with guacamole and pico de gallo
- 7 **PARILLADA DEL MAR Y TIERRA** 13.99
Shrimp and choice of chicken or beef fajita served on a hot skillet
- 8 **DEL MALECON PARILLADA** 15.99
Fish, shrimp, and calamari served on a hot skillet

- 9 **CARNE ASADA** 9.99
Grilled beef fillet served with guacamole and pico
- 10 **PORK CARNITAS** 8.49
Fried pork carnitas served with guacamole and pico
- 11 **BARBACOA** 8.99
Barbacoa served with guacamole and pico
- 12 **POBLANO DINNER** 9.99
Roasted Poblano chile relleno topped with ground beef and cheese served with a gordita of choice
- 13 **STEAK RANCHERO** 8.99
Chunks of beef cooked in hot green chilies, onions and tomato sauce
- 14 **TAMPIQUENA** 10.99
Carne asada served with a cheese enchilada, guacamole and pico de gallo
- 15 **CHIMICHANGA PLATE** 8.99
Ground beef, chicken or shredded beef chimichanga served with guacamole and sour cream (enchilada style extra 1.00)
- 16 **FLAUTAS DE DELICIAS** 8.99
Three flautas covered in cabbage, Mexican cream and spicy salsa

CALDOS SOUPS

- 1 **CALDO DE RES** 9.99
Beef soup with vegetables and side rice
- 2 **CALDO DE POLLO** 7.99
Chicken soup with vegetables and side rice
- 3 **MENUDO LARGE** 7.99
- 4 **MENUDO SMALL** 6.99
- 5 **CALDO DE 7 MARES** 13.99
- 6 **CALDO DE CAMARON** 9.99
- 7 **CALDO DE PESCADO** 10.99
- 8 **CALDO DE PESCADO CON CAMARON** 10.99
- 9 **ALBONDIGAS DE CAMARON** 11.99
- 10 **CALDO DE OSO** 11.99
Contiene espinas/Contains fish bones



CALDO DE REZ



MAR Y TIERRA

SOFT TACOS

Corn Tortillas

- | | | | | |
|---------------|----|---------------|----|-------------|
| ASADA 1.59 | // | CARNITAS 1.59 | // | LENGUA 1.99 |
| PASTOR 1.59 | // | TRIPAS 1.99 | // | BUCHE 1.59 |
| BARBACOA 1.59 | // | FISH 3.29 | // | SHRIMP 3.29 |

BURRITOS

4.29
(Enchilada style extra 1.00)

- | | | | | | | |
|-----------------|----|-------------|----|------------------|----|--------------------|
| FAJITAS | // | BARBACOA | // | GROUND BEEF | // | GUISADA |
| CARNE DESEBRADA | // | ESTOFADO | // | ASADA | // | BUCHE |
| CARNITAS | // | PASTOR | // | 3 WAY | // | 3 WAYCHILE RELLENO |
| TRIPAS 4.99 | // | LENGUA 4.99 | // | BISTEC CON PAPAS | | |

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COCTELES COCKTAILS

- 1 **CAMPECHANA** 13.99
Shrimp, octopus, oyster, and scallop cocktail
- 2 **CAMARON AL AGUA CHILE** 17.99
Raw shrimp in lime juice
(takes 20 minutes to marinate)
- 3 **OSTIONES EN SU CONCHA** (docena) 11.99
Oysters in the shell, a dozen
- 4 **COCTEL DE CAMARON** 10.99
Small Shrimp Cocktail 7.99
- 5 **COCTEL DE CAMARON Y PULPO** 10.99
Shrimp and octopus
- 6 **LEVANTA MUERTOS** 11.59
Ceviche de Mariscos
- 7 **CEVICHE DE CAMARON** (Shrimp Ceviche)
Tostadas 3.99 // Botana 10.99

CAMARRONES RANCHEROS



SEAFOOD

MARISCOS

- 1 **BARCO CAMARONERO** 24.99
Bacon wrapped shrimp, grilled shrimp,
breaded shrimp, and paraíso shrimp served
with French fries
- 2 **CAMARON ESTILO POPEYE** 10.99
Shrimp in mushroom and spinach sauce
- 3 **BROCHETAS DE CAMARON** 12.99
Skewered shrimp covered in sweet sauce
- 4 **TRES ANIMALES** 14.99
Shrimp, scallop, and octopus served with
red bell pepper, onions, broccoli, and
sweet and sour sauce.
- 5 **A LA DIABLA** (Devilled Shrimp) 10.99
Cooked in a special hot salsa
- 6 **CAMARONES RANCHEROS** 10.99
Cooked in chunky ranch style sauce
- 7 **EMPANISADOS** (Breaded Shrimp) 9.49

PESCADO FRITO



PESCADO FISH

Served with choice of rice, beans, and French fries

- 1 **PESCADO ENTERO FRITO** 12.99
Whole deep-fried fish
- 2 **PESCADO HUACHINANGO** 14.99
Red snapper deep-fried
- 3 **A LA VERACRUZANA** 13.99
Whole fish with sautéed onions, tomatoes,
and bell peppers on top
- 4 **A LA DIABLA** 13.99
Whole fish with special hot sauce on top
- 5 **FILETE DE PESCADO A LA MANTEQUILLA** 10.99
Fish fillet cooked in butter

Served with choice of white rice,
beans and French fries

- 8 **A LA HOLA VERDE** 10.49
Shrimp cooked in tomatillo sauce with
bell pepper and onion topped with
melted cheese
- 9 **FAJITA DE CAMARON** (Shrimp Fajitas) 10.99
- 10 **AL MOJO DE AJO CAMARON** 9.99
Shrimp sautéed in garlic
- 11 **CAMARONES FANTASIA** 12.99
Bacon wrapped shrimp
- 12 **CAMARONES SARANDIADOS** 10.99
Ten grilled shrimps
- 13 **TACOS DE PESCADO** 3.25 each
Fish tacos served with cabbage
and pico de gallo
- 14 **TACOS DE CAMARON** 3.25 each
Shrimp tacos served with cabbage
and pico de gallo
- 15 **SHRIMP CHIMICHANGA** 10.99
Shrimp stuffed chimichanga with guacamole
and sour cream on the side

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CHILD'S PLATE

4.99

- 1 ONE ENCHILADA RICE & BEANS (with meat extra .50)
- 2 NUGGETS WITH FRENCH FRIES
- 3 CHEESE QUESADILLA RICE & BEANS
- 4 TWO PANCAKES WITH EGG
- 5 THREE STACK PANCAKES

- 6 BEAN & CHEESE BURRITO WITH RICE
- 7 EGG SAUSAGE PANCAKE & BEANS
- 8 GROUND BEEF BURRITO RICE & BEANS
- 9 TWO SOFT TACOS PLATE
- 10 CHICKEN STRIPS WITH FRENCH FRIES



ENCHILADAS DE CAMARRON



CAMARRONES A LA PLANCHA



SHRIMP COCKTAIL

SIDES

- BEANS 1.49 // EXTRA MEAT 1.99 // RICE 1.49
 CHALUPA 1.49 // FRENCH FRIES 1.49
 CRISPY TACO 1.49 // ENCHILADA STYLE 1.00
 CHILE RELLENO 2.49 // FLAUTA 1.49
 SOFT TACO 1.59 // SOUR CREAM .99
 CHEESE .99 // TORTILLAS .79 // GORDITA 2.49

DRINKS

2.49

- SODA/MEXICANA // FOUNTAIN DRINKS
 JUICE // MILK // TEA // COFFEE
 AGUAS FRESCAS
 Ask for flavor of the day (no free refills)

ASK YOUR WAITRESS ABOUT
 THE DESSERT OF THE DAY 4.99

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